



Client Information Sheet

All information is **STRICTLY CONFIDENTIAL**

Name: _____ Date of Birth: _____

Address: _____

Email: _____ Phone: _____

Occupation: _____ Years: _____

Emergency Contact: _____ Phone: _____

Sports/Hobbies/Recreation: _____

What is the reason for your visit?

Who referred you / How did you hear about me?

Please tick if you have problems with any of the following:

- | | | | |
|--|--|---------------------------------------|---|
| <input type="checkbox"/> Sports injury | <input type="checkbox"/> Frozen Shoulder | <input type="checkbox"/> Lower back | <input type="checkbox"/> Hamstring |
| <input type="checkbox"/> Fertility | <input type="checkbox"/> Scoliosis | <input type="checkbox"/> Joints | <input type="checkbox"/> Breasts |
| <input type="checkbox"/> Sciatica | <input type="checkbox"/> Tennis elbow | <input type="checkbox"/> Constipation | <input type="checkbox"/> Coccyx (tailbone) |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Headache/migraine | <input type="checkbox"/> Jaw tension | <input type="checkbox"/> Whiplash |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Hormonal | <input type="checkbox"/> Bladder | <input type="checkbox"/> Prostate |
| <input type="checkbox"/> RSI | <input type="checkbox"/> Lungs | <input type="checkbox"/> Asthma | <input type="checkbox"/> Blood pressure – (H/L) |
| <input type="checkbox"/> Heart | <input type="checkbox"/> Eyes/Ears | <input type="checkbox"/> Stiff neck | <input type="checkbox"/> Liver |
| <input type="checkbox"/> Gall Bladder | <input type="checkbox"/> Dental | <input type="checkbox"/> Ankle/feet | <input type="checkbox"/> Knees |
| <input type="checkbox"/> Digestion | <input type="checkbox"/> Sinus/Allergies | <input type="checkbox"/> Kidney | <input type="checkbox"/> Hips |
| <input type="checkbox"/> Other _____ | | | |

How do you regard your health problem(s)? (Please tick) ☐ Severe ☐ Moderate ☐ Mild

What other forms of therapy have you used?

Please list previous/other Diagnosis, Illness, Accidents, Broken Bones, Injuries, Surgeries & Falls that you have had:





Please list any medication/supplements (Vitamins/minerals etc) you are currently taking:

Do you have any children, if so, how many and what ages?

What is your daily intake of water? - Do not include fruit juice/herbal tea/coffee (Please tick)

☐ 2 litres

☐ 1 Litre

☐ 500ml

☐ Less

How is your diet/Lifestyle? (Please tick) ☐ Good ☐ Average ☐ Poor

What are your favourite foods?

How often do you exercise? (Please tick) ☐ Daily ☐ Weekly ☐ Occasionally ☐ Never

On a scale of 1-10 what is your energy level? (1 being Low; 10 being High)

Do you sleep well? If no, why do you think this is?

Do you smoke cigarettes? (Please tick) ☐ Yes ☐ No Qty/day:

Do you have any implants/pacemaker/other?

Do you use orthotic appliances/build ups in your shoes?

Do you experience ringing in the ears, clicking/popping of jaw or facial pain?

Did you ever have jaw surgery?

Have you had dental reconstruction/implants?

Have you had your wisdom teeth removed? If so, was it all at once?

Have you had any other teeth removed? If so, was this for overcrowding?

Did you ever wear orthodontic appliances/brace?

For the Ladies

Do you have breast implants? (Please tick)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Is there any chance you are pregnant?	<input type="checkbox"/> Yes <input type="checkbox"/> No
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Menstrual Cycle: (Please tick)	<input type="checkbox"/> Regular	<input type="checkbox"/> Irregular	<input type="checkbox"/> Painful	<input type="checkbox"/> Heavy
	<input type="checkbox"/> Menopausal	<input type="checkbox"/> Post-menopausal		

Please read before signing

By signing this form, the client indicates the willingness to accept any results of the treatment conducted by this care/practitioner without holding the practitioner or the Centre liable for any circumstance, condition or aggravation that the treatment may have caused.

Signature: _____ Date: _____

(must be signed by a parent or guardian if under the age of 16)

